

Alda Alvim

Alda was born in Porto and is mother of three. She studied nutrition at the University of Porto, and has a Msc in Clinical Nutrition. She is currently completing her PhD at Glasgow University, her research focuses on the factors related to breast-milk output and the growth of the infant. During her first years at Glasgow University, she was supervised by professor JVGA Durnin, with whom her sensibility to ethics questions and to scientific accuracy, have grown up.

During her Msc she researched factors related with obesity during growth. Throughout her career she has collaborated in related projects in Portugal, and in specific international projects such as ProGreens and Fruit Schemme. Currently Alda is working as a senior technician at the Faculty of Nutrition and Food Sciences, University of Porto.