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Prof Mbhenyane is Dietitian, a Professor, Head and Research Chair in Food Environments, Nutrition and Health in the Division Human Nutrition at the Faculty of Medicine and Health Sciences, Stellenbosch University. She is a C3 NRF rated scientist in South Africa and her involvement in human nutrition research has been at various levels: conducting research and supervision of master’s and doctoral research. Her research area of interest is indigenous foods, nutrition and prevention of disease; food and nutrition security; child and maternal nutrition.